

Faith

Believe in something greater than yourself.

Failure looks like the end of the road - *until you make a new path.*

*Fear is a **poison**. Faith is the **antidote**.*

Fear signals the **need for change**.

If you must procrastinate, **postpone fear**.

*Feed your **spirit**.*

*Music sways **emotion**.*

Instincts rule: 'familiar' = 'safe,' **even when it hurts**.

“Faith: small stepping stones build tall towers.”

Find *quiet stillness* daily.

Achieve **more** by doing **less**.

***Believe** those who believe in you.*